

Lone Guiders

Are you ready for a challenge?

Being a Lone Guider is a challenge. She brings the spirit and adventure of Guiding to the girls in her Unit. A Lone Guider has to adapt the program to meet the needs of one girl working alone, and she needs to figure out how to present it to the girl in the format of email, Canada Post, video, or through the internet!

Lone Guiders work on their own as well, although they often communicate with other Lone Guiders and other members of their local Girl Guide community.





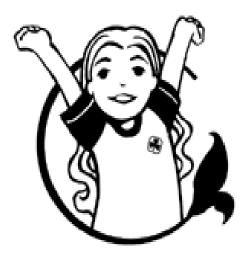
## Alberta Lone Girl Guides

For information please contact:
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On your own, but never alone!



Alberta Program Committee www.albertagirlguides.ca





## LONE GUIDES IN ALBERTA

Lones are Guides who are unable to attend meetings for reasons such as distance, scheduling conflicts, heath reasons, or no Unit is available to them.

Lones are assigned a Unit and will have a Lone Guider as well as other Lone Girls in her Unit. Usually the girls and Guider are all from different parts of the Province.

Lones can transfer into and out of a Lones Unit any time during the year, so if a Unit becomes available to a Lone she is able to become a member of an active Unit, and if she is no longer able to attend regular meetings she can switch to Lones with no problems.



## **HOW DOES LONES WORK?**



Girls who register for Lones work with a Guider who creates fun and interesting program challenges that are designed for the girl to do on her own (or with help from family members or friends).

These challenges are sent to the girl via Canada Post, email, internet, video, or over the phone.
Occasionally special meetings are held online using an instant messenger system, allowing the girls and Guider to meet and have a virtual meeting. Enrollment Ceremonies, Thinking Day Ceremonies and other special events have been held in this manner.

Being a Lone requires additional assistance from the family of a girl who becomes a Lone. Many times activities sent to the girl from the Guider require a parent or friend to help the girl work on or complete the challenge.

## SPECIAL EVENTS, CAMPING AND THE OUTDOORS

One of the most challenging parts about being a Lone is getting involved in events that are happening in the guiding community.

Lones rely on the Guiders, Commissioners, and Advisers in the Alberta Guide Areas to keep us informed of any activities or special events that are being planned and that Lones can attend.

If you have an event, Unit camp, service project, training, or other activity planned. Please contact the Lones Adviser or your Area Program Adviser with the details.

