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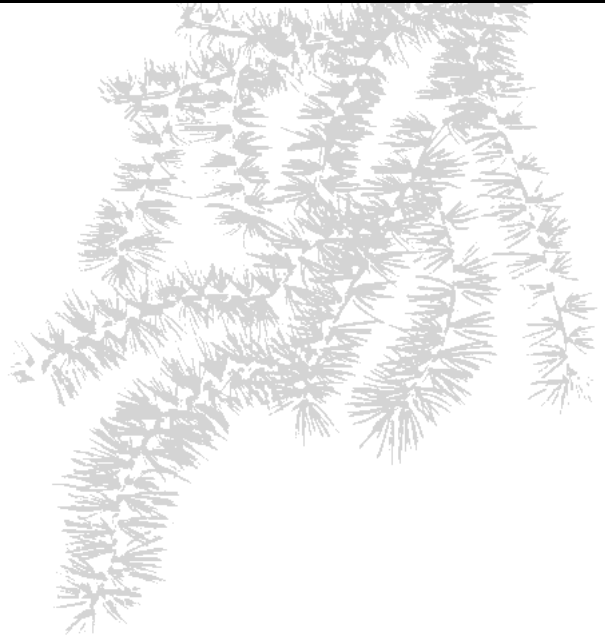
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Nexus



Girl Guides of Canada Guides du Canada

A publication of Girl Guides of Canada, Tamarac Area Council



Congratulations



Introducing
RAYANN ANITA BERARD GERLING
Born September 17, 2011 at 1:11 am
at home in Mom and Dad's bed!
7 lbs 4 ounces, 18.5 inches long



Congratulations to Stony Plain Guider,
the new **MRS. ANGIE DEHANN**,
formally Angie Acheson. Angie and Norm
were married on October 10, 2011.

a means of connection;
a link or tie

**OUR LINK WITH GUIDING
IN TAMARAC AREA**

NEXUS is published three times a year and is distributed to all registered adult members within Tamarac Area, free of charge.

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Submissions should be directed to the editor. Please follow all copyright rules.*

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**DEADLINE FOR NEXT
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Girl Guides of Canada
Tamarac Area Council



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Members At Large

Linda Perras	St. Albert
Pauline Vaugeois	St. Albert
Lorraine Berard Gerling	St. Albert

Life Members

Pauline Vaugeois	Lorraine Constable
Gail Jarema	Janet Allcock
Roberta Fehr	Patti Walker
Fennie Fraser	



Tamarac Area Award Recipients

St. Albert, October 16, 2011

CANADA CORD

FOREST WATERS

Kelsey McMann

PEMBINA TRAIL

Marina Hankinson
Bertha Helen Lavigne
Ashley Pon

ST. ALBERT

Kaylee Chiumento
Nicole Collins
Ivy L. Keyes
Jennifer McDougall
Madisen Osborn-Layton
Katja Randall
Kimberly Turner

LONES

Michaela Belle
Ember McCaughan-Stevens



CHIEF COMMISSIONERS AWARD

MORINVILLE

Sydnee Grozli - Bronze
Joanne (Joie) Love - Bronze
Jessica Weatherly - Bronze
Miquela Patterson - Bronze & Silver
Skye Sheppard - Bronze & Silver

ST. ALBERT

Emily Moloney - Silver & Gold
Jillian Saunders - Silver & Gold
Heather Kuehn - Bronze

LONES

Amanda Magyar - Gold



COMMONWEALTH AWARD

ST. ALBERT

Emily Moloney
Jillian Saunders
Heather Kuehn



Tamarac Area Award Recipients (cont'd)

St. Albert, October 16, 2011

LADY B-P AWARD

ATHABASCA/BOYLE

Gina Hrachy

MORINVILLE/GIBBONS

Jordan Bamford
Brittany Brezinski
Makayla Chimko
Megan Fudge
Rebecca Gibbons
Randi Nelson

Julie Otte

Kyra Perry

FIRESIDE

Emma Hansen
Chelsey Sherbeth
Emily Sinding
Aislinn Williams

PINEDALE

Brookelyn Herman
Gabrielle D. Keyes
Laura Malay
Tara Malay
Samantha Pederson

RAINBOW

Emily Flint
Jenna Ginther
Talia Gomes
Sofia Guest
René Takats
Laura Welling

SPRUCE GROVE

Elena Feist-Tramer
Mikayla Marsh

THREE SISTERS

Hannah Grantham



FORTITUDE AWARD

Jenny Kitz



GOLD MERIT

Jennifer Duggan

MEDAL OF MERIT

Kathy Batty



Emily Chaplin

Sadly passed in August 2011

Emily was 10 years old and was a member of the 12th St. Albert Guides, Pinedale District.

Our condolences and deep felt sympathy are with her family.



Tamarac Area Active and Growing!

Welcome to another edition of Tamarac Area's publication NEXUS. The last couple of months have been so super crazy busy, the time has just flown by. I would like to thank everyone for the huge amount of time and effort that the start of the Guiding year always brings. I would particularly like to thank our Area Membership Adviser (AMA), Kathleen Whyte as well as all of the District Commissioners for their role in our membership drive. I'm not sure what has been going on in Tamarac Area, but we have been getting inquiries like crazy and our AMA and DCs (or their designates) have been doing a absolutely FANTASTIC job in finding room for everyone.....so Thank YOU!

For those of you who are new to Tamarac Area, or new to Guiding, welcome and thank you for volunteering time for the girls in your communities. I have been hearing of a ton of activities that are being planned in your Districts. From the very important enrolment ceremonies, fall camping, Alumni Socials, planning for International adventures; it is very evident that Guiding is alive and well within Tamarac Area. I hope you will consider inviting me to your special or even your everyday events. Being given the opportunity to meet as many of our members as possible within Tamarac is what being Area Commissioner is all about!

I am thrilled to confirm that our Area has grown by at least 11 new units (at time of writing) this year. After years and years of absence, we were able to open 3 units in Lac La Biche (Sparks, Brownies and Guides), 1 Guiding unit in Plamondon, and 2 Guiding Units in Swan Hills. We also opened another Brownie unit in Stony Plain and St. Albert, a Pathfinder unit in St. Albert, and a Ranger unit in Whitecourt and Barrhead. To Lac La Biche, Plamondon and Swan Hills.....welcome back!!!

In September all of the Tamarac Area Advisers and I joined other Area Advisers and Commissioners from across Alberta, NWT and Yukon at the Standing Committee Workshop which was held at Camp He-Ho-Ha. This workshop is held every two years and is a time for everyone to come together and share ideas. This year our theme was Membership Growth and some of the ideas that came out this workshop are going to be implemented into Tamarac Area. So don't be surprised



From Left to Right:

Betty Slater – Deputy Chief Commissioner (Provincial)
Melanie Reichle – Tamarac Area Secretary, Provincial AGP Adviser
Evelyn MacNeill – Public Relations Adviser Morinville District
Terri Bouvier – Tamarac Area Trainer, Provincial Awards Adviser
Chris Burton – Chief Commissioner
Kathy Batty - Tamarac Area Commissioner
Deb Chiumento – Tamarac Area Program Adviser
Anne Denman – Tamarac Area Camp Adviser
Kathleen Whyte – Tamarac Area Membership Adviser

if in the coming months, you have one of our Area Advisers coming out to visit your District meetings to let you know everything that the Advisers can do for you...our Unit Guiders, or if you start hearing about Latte n' Laughter!

On October 1st, our Training committee held a very successful Super-Sized Training day. I can't remember the last time I have seen so many ladies from Tamarac Area at a training! It was absolutely WONDERFUL. Thank you to Roberta Fehr and the rest of her team for putting together such a great day and giving all the ladies the tools needed to guide our girls!

On October 16th, the Districts in St. Albert did an AWESOME job hosting our 2011 Awards Ceremony where we recognized 48 girls who received 56 Lady Baden Powell, Canada Cords, Chief Commissioner's Bronze, Silver and Gold, and Commonwealth awards. We were fortunate to have the Lieutenant-Governor, Provincial Commissioner as well as the Mayor of St. Albert in attendance. Congratulations once again to all of our award recipients. You have done yourselves proud! I would also like to thank the ladies of STARS and BOGGS Trefoil Guilds, for providing and serving the post ceremony refreshments. Your support assisted in ensuring that the day was the success that it was.

Continued on page 6

Tamarac Area Program Adviser

With the new Guiding year upon us and new Guiders joining the Area I thought I would inform/remind everyone of what your Program Adviser can do for you:

- Help plan unit meetings
- Ideas for badge work
- New/unusual craft ideas
- Field trip information
- Help with challenges
- Help find guest speakers for unit meetings

And much more, just ask!

I also have a tub full of resource materials available for Guiders to borrow, a full list is available via e-mail and I'm always looking out for new things to add, just ask.

I'm here for you Guiders!

My e-mail address is dchiumento@shaw.ca

I look forward to helping you.

Debbie Chiumento
Tamarac Area Program Adviser

Event Calendar

Nov	4-6	Commissioner's Workshop, Red Deer
	11	Remembrance Day
	15	All Member Registration Forms into iMIS
	16	Edmonton Area Training - All About Your Branch (NG) Safe Guide
	22	Edmonton Area Training - Financial Training
	30	All Units must have a SAFEGUIDE TRAINED Guider by now.
Jan 2012	18	Edmonton Area Training - Financial Training, SWAPS, Guiding History Game
	24	Edmonton Area Training - International Trip Planning, Fun with String, Safe Guide
Feb	4	Outdoor Leadership Training
	11	Area Meeting
March	10	Area Annual General Meeting

Tamarac Area Active and Growing!

Continued from page 5

SAVE THE DATE----I wanted to let everyone know to save the morning of Saturday March 10th so you can attend our Tamarac Area Social and AGM. This event will once again be open to all Adults and Rangers within our Area. A small committee of ladies has started to plan the morning event which will include a brunch, so mark your calendars! If you have an idea that you would like to see us do during this event, please feel free to drop me a note and we will do our best to make it happen.

SAVE THE DATE----Another date we would like your units to consider saving is April 20 - 22. Tamarac Area will be having an event at Tangletrees geared toward our 3rd year Guides and Pathfinders. More information will be coming out soon, but we hope that we will have representation from all of our Guide and Pathfinder units.

To end my rather long-winded article I would like to remind everyone that there will be changes to registration and cookies coming in 2012. Alberta will be going to a province-wide registration fee (\$110) as well as on-line registration effective April. There will also be

a price increase to our cookies effective the Sandwich campaign in the Spring of 2012. Please know that your Area Council is here to support you in whatever way we can as we all transition through these rather significant changes.

If you ever have a question, want to take a specific training either face to face or by phone, need assistance taking your girls to camp or filling in forms, please do not hesitate to let us know, that is what we are here for. We want your experiences to be the best that they can be and we won't know what you need unless you ASK!!!!

Since this will be the last edition of NEXUS of 2011, I would like to take this opportunity to wish you all a very happy holiday season. Please make sure to take the time to enjoy yourselves with your family and friends. Thank you for all you do!

Until next time,

Kathy Batty
Tamarac Area Commissioner

Nova Scotia Heritage Explosion

There were five girls in our patrol. Noelle was from Edmonton, Melinda was from Cochrane, and the others were from Calgary. We all met at the Calgary Guide Centre the day before camp for a sleepover to practice setting up the tents and to get to know each other. After a few hours, it was as though the girls had known each other for years!

The two Patrol Guiders were selected by Alberta Council as well. Jesse was from Calgary and Jennifer was from St. Albert. It took a lot of planning to get the trip organised, and the trip went smoothly as a result of their hard work. We were lucky to have two Guiders who got on so well with each other.

The camp was full of great activities. Upon arrival we received a patrol schedule. We attended activities as a patrol and every patrol was able to attend every activity! Nobody was left out. (The UK girls couldn't go rafting due to Girlguiding UK rules, so they went to Gloscap instead.)

Most days we had two activity sessions for 2.5 hours each. Within each session there were two or three activities we could participate in. There was plenty of free time between activities to socialise and go swimming. In the evenings there was always an event at the stage: Opening Ceremonies (with a local band, Squid), Heritage Nights, Astronomy, Guides Own, Campfire, Night Manoeuvres, and Closing Ceremonies.

Some of the activities we participated in were:

- Endearingly Nova Scotia: Scottish Ceilidh dancing, Aboriginal medicine wheel teachings, and making tiles for a lighthouse to celebrate 100 years of Guiding in Nova Scotia.
- Good Sportsmanship: archery, field games (parachute!), and a create-your-own obstacle course.
- Lights, Camera, Action: Tinkling and Maori sticks, and a presentation on robotics.
- Dolphino: waterfront time!
- Wily Woodswoman: building fires and racing to bring a tin of water to a full boil, building a rope



From L-R: Courtney Kane, Calgary; Noelle Spaulding, Edmonton; Cailey Pattullo, Calgary; Melinda Raham, Cochrane; Jenna Kane, Calgary plus not pictured Jesse Chambers, Calgary and Jennifer Duggan, St. Albert.



It was great to see the attractions and culture of Nova Scotia.

bridge (ours held 12 people!), and building catapults (the girls' catapult threw a sponge 55 feet!)

- Sisters in Guiding: learning about international travel (currency exchange, time zones, tax rates, etc.), WAGGGS FAO environment challenge, and another visit to the HAM radio station (which we didn't do because we had been there before and wanted to give the other patrols more time on the air.)

- Epiphany in the Woods: an archaeology dig representing different times in Guiding history (we uncovered a waterfront site); and Exploring our Aquatic Roots: a session about natural water quality and ecology.
- Gift Emporium: making friendship dolls, making hat crafts, and making Super Hero Capes. The capes were made of fleece and were decorated for children who end up in women's' shelters. They provide both comfort as a blanket and a play thing.

Two days we had free time all day. We filled the time by visiting the HAM radio station set up on site for 2.5 hours chatting with people near and far in many different ways. We also went swimming and canoeing a lot. Then, the girls spent a lot of time socialising with the patrols from New Zealand and Saskatchewan, and the odd group from elsewhere, Jesse read her book, and Jennifer worked on a cross stitch project. We enjoyed relaxing in the sunshine.

As part of the camp we went on two full-day out trips: tidal bore rafting on the Shubenacadie River and an 'Amazing Race' through Halifax. Both out trips were heaps of fun and allowed us to experience many things we may not have done on our own. The out trips were a huge highlight of the camp! It was great to see the attractions and culture of Nova Scotia.

Before it was time for tidal bore rafting, we visited the Burntcoat Head lighthouse and were able to walk on the sea floor before the tides came in. Can you believe the tides raise the sea up to 16 metres (53 feet)?!

The Shubenacadie River naturally flows into the sea. When the tides come in, they push the river water upstream up to 40 kilometres. The collision of the river water and the tide create bores. In our case, the bores were approximately 3 metres high! Watching the tides come in and create this natural phenomenon was exhilarating. Rafting up the bores and crashing down on the other side was incredibly fun!! Rafting was a very memorable experience and something many of us would like to do again.

Halifax is a beautiful city full of culture and history. The 'Amazing Race' took us to many unique and interesting features of the city: Pier 21, the farmer's market, the public gardens (stunning!), Citadel Hill, Freak Lunchbox (a sweets shop), we took the ferry across to Dartmouth, and we spent time in the Maritime Museum of the Atlantic. The girls also stopped at Cows ice cream and Starbucks.

From the time the girls met for the first time to the tearful farewells, and all the experiences, activities, and new friendships within, this was an incredible trip we will remember for years to come.

The camp itself was well organised, the weather was warm and sunny every day, the food was delicious, the lake was lovely, and the people (staff, participants, and even the local Haligonians) were warm and friendly. We will share our experiences with our friends, units and Councils and highly recommend trips like this to others.

Thank you to Alberta Council for giving us the opportunity to attend this camp.

Alberta Patrol (Patrol 28)
2011 Nova Scotia Heritage Explosion Camp



Nova Scotia Heritage Explosion

I had the opportunity to attend Heritage Explosion, celebrating Nova Scotia's centenary this past summer and loved the experience.

As a member of the program committee I was asked to take on a few rolls while I was there. My main activity was to run 8 sessions having the girls and guiders make "Super Hero" fleece capes that were to be donated to a Women's shelter for the children that find themselves in these places. The capes would serve to be not only a toy that they could play with, but also a comfort item that they could curl up with. As I was coming up with a pattern to make this project I felt myself being touched by the thought that some child was going to receive something wonderful, and as I was running the program at camp I was really touched by the love and attention that the girls and guiders put into the making of their capes. This was a very meaningful project for me personally and my plans are to continue the service by having my Pathfinder unit make and donate our own capes.

Along with the Super Hero cape sessions, I was also on bus patrol for three out trips which included two days in Halifax where the patrols went on an Amazing Race through the city. My station was at a place called the Public Gardens (which were beautiful) and once patrols reached the checkpoint they had to perform their favourite song in front of who ever happened to be there. There were some great songs not only sung but also performances by these very brave participants. Many received applause by the locals that were there enjoying the afternoon.

I was also on bus patrol to the Tidal Bore Rafting which was certainly a highlight of my trip. Smashing into waves (up to about 8 feet high) on the Shubenacadie River as the tide comes into the Bay of Fundy and up the river will be an experience that I will never forget.

The ladies involved with the program also took charge of nightly events which included Opening Ceremony, Campfire, Guides Own, Heritage/Culture nights, Night Maneuvers, and Closing Ceremony so we were all kept very busy.

With camp numbers about 300 with staff, and patrols



Our Super Hero fleece capes were made and then donated to a Women's shelter.

from New Zealand (3 young ladies) England (about 100 participants) and from across Canada everyone had a wonderful time. The weather was great, the food awesome, and the new friendships made were immeasurable.



Tidal bore rafting at the Shubenacadie River.

All in all this camp was a fabulous event and I made a number of new Guiding friends that I plan to keep in touch with in the future.

Lynda Saunders
6th St. Albert Pathfinders

SOAR, Agassiz, British Columbia

I have to start by thanking Alberta Council for this amazing opportunity. I had the pleasure along with my co-guider Evelyn of taking the Alberta Patrol to Soar 2011 in Agassiz, BC. We took 7 girls in total, 2 girls from St. Paul, 2 from Calgary, 1 from Edmonton, and 2 girls from our home district of Morinville. Due to time constraints and scheduling we were unable to have a "pre-camp". But we got to meet the parents and girls for a few hours to learn how to pack and to get the paperwork done. It's a rather daunting idea to take 5 girls that you don't know away from home for a week. Especially so far from home out of province. The fear as a Guider is enormous. Who's going to be home sick, what is their behaviour really like away from their parents? Uuuugghh. What did I voluntold myself for?

Our adventure began with us northerners driving to Drayton Valley to meet up with the Drayton Valley Patrol who had arranged a chartered bus. And then we were off to Red Deer to pick up a couple more girls, then Airdrie to pick up our southern girls and the Drumheller Patrol. We continued on our way to Revelstoke for an overnight stay. Our last chance for a bed and shower. Did I mention that the bus was great. Hats off for organizing a sweet ride. We were the last three patrols to arrive at Soar.

After setting up our home away from home we prepared for our adventure. I re-learnt how not to question the kit lists, especially patrol equipment list. While packing up I thought I was so efficient by being able to reduce my kit from 4 down to 2 plastic tubs. Gosh I'm a super packer my feeble mind told me. There is always a reason why the kit list is written the way it is. I've told parents this tons of times. During my packing efficiency, I didn't realise that we would need the extra tubs, 1 to go to food services (it was only at our site long enough to be emptied), and 1 to hold our dry goods. And so began the creative kit storage under the table. Oh no what next. Maybe the blow up pool that was only 2 feet round?

We spent 7 amazing days making new friends, expanding our horizons and most importantly trading!! We went as a patrol for an out trip to Granville Island and finished the day with a dip in the pool. Thank goodness pools have showers that don't come in a bag? It was a glorious time for us all. The girls and us Guiders spent our mornings and afternoons in program activities sometimes together, sometimes alone, never really alone, we always had a new friend right beside us. Some of the activities enjoyed by the patrol were the Othello Tunnels tour; make gem trees, decorate a candy camp, canoeing, waterslides, gleaning, card making, hats for homeless, zumba and many more. I really enjoyed being an alien

from another world trying to help these earthlings find what they call water during a science program.

As we were enjoying the Country Fair before closing ceremonies I thought I would pull a fast one on the girls. There were a couple of times when they weren't prepared during the week. I challenged the girls if they could come up with money for CWFF they could dunk me in the dunk tank. I was sure no one had any money as the fair was free. Boy was I shocked when they came up with 2 fists full of change. They learnt their lesson to be prepared.



The girls dug deep in their pockets to make a donation to CWFF to dunk me at the county fair.

As my Area Commish Kathy Batty, would say, "Mother Nature is a Girl Guide", she proved herself in full colors. The sun shone on us and she gave us some over cast skies so the sun burns and sun stroke didn't happen. We couldn't have asked for better weather all week. We had a 10 minute sprinkle of rain one morning. The entire town greeted the almost 2000 girls and Guiders with open arms.

It truly was an honour to have spent a week with my co-Guider and all 7 of "our girls". I was able to watch all of them change before my eyes. I got to watch them grow in responsibilities and abilities in 7 short days. To watch them try new things multiple times over the course of a day. Whether it be a food or an activity they tried it, and had fun doing it. I got to see the shy one break out of her shell and chat up a storm with multiple new friends. I seen the 1st year Guide open up and make friends with the older girls. To step out of their comfort zone and be the one to ask, "Do you want to trade?" Wow, I got to see the change. I had the chance to meet new friends and re-invigorate my love of Guiding. Did I mention there was lots of trading? The craft ideas and camping



We found an Ellie the Eagle during our scavenger hunt in town.

essentials that would be great to have are of few of the tricks I learnt. It was amazing to see the spirit of Guiding all around me. And there was trading. I had the honour of introducing Chris Burton to the group of girls and Guiders in the card making session. She had crests!! It was nice to see Alberta Guiders as staff at Soar.

I have to say that the worst part of the entire trip was the over abundance of food that they gave us. We just couldn't eat it all. We hated sending good food to the compost.

The girls and Guiders have made memories and friendships of a lifetime. I would suggest to all Guiders to step out of your comfort zone and voluntold yourself for a trip like this. You won't regret it. Yes your bed at



The cool crests we purchased on the outside. We earned the centre crest doing the scavenger hunt in Agassiz.

home feels great and flush toilets shouldn't be a treat. The ground and porta potties aren't that bad! It's only one week, think of the possibilities.

I'd love to say more but I have a camp blanket that needs some attention! Be there in 2014!

Sharon Gavigan
Contact Guider
Alberta Patrol Soar 2011

SOAR Report

I have to say what a great first experience to a large camp. I have only been a Guide Leader for one year when I attended my very first large camp. Travelling to Agassiz, BC was a wonderful experience, and taking the Alberta Patrol to Soar 2011 was an honour. I only knew my Lead Guider and two of the girls we took. The other young ladies I met when we hit the ground running.

I have to say that at the camp they kept us busy every waking moment with wonderful activities, consisting of various crafts to help the less fortunate, i.e. various greeting cards, scarves and hats, service projects to help the less fortunate, i.e. doing a harvest sweep of the fields and cleaning the harvest for the local shelters.

We also got the chance to do some out trips, like going into Vancouver for a scavenger hunt, although the girls seemed to enjoy the bakery and market that we stumbled across more. Not that eating was a problem as the food they supplied was more than adequate and filling. The girls did an excellent job improving their creative cooking skills.

We also met lots of new friends from near and far as well as abroad. It was quite the experience and we are looking forward to the next Soar!!! We have already started talking about returning with the rest of our Unit.

This will be a memory that I will hold dear in my heart for years to come. What an excellent bonding experience for all. I look forward to many more incredible experiences in my future!!

Thank you for a wonderful Guiding experience.

Yours truly,
Evelyn MacNeill
Morinville Pathfinders and Rangers

Thank you to Tamarac Area ladies

My name is Haley Saunders. I am a member of the 6th St. Albert Pathfinder Unit. I had the opportunity to go to the Alberta Arts Camp at Tangletrees in August.

I had a lot of fun at this camp with all the crafts such as record bowls, which are old albums that we put onto metal in the oven until they melted, and decorated shoes and scarves.

We also went canoeing which was a lot of fun too.

Around the 4th day we had a sock hop with 50s music and we decorated our scarves and shoes. At the end of that night, we watched one of my favourite movies, Grease.



I loved getting to see all my friends from the previous year.

Thanks to the organizers and staff for making it such a great time for me.

Yours in Guiding,

Haley Saunders
6th St. Albert Pathfinders

Our New Promise

I Promise to do my best,

To be true to myself,
my beliefs and Canada

I will take action for a better world

And respect the Guiding Law

BIG Thank You

I want to give a BIG THANK YOU to everyone who helped with October's training. It was successful with about 40 participants in which there were 20 New Guider stream pins awarded and 5 Enrichment stream pins awarded, and busy sessions all day long. It was great to fulfill my vision for Guider training....

The credits go to:

Anne Denman	Sherry Allen
Maryanne Hall	Michelle Slade
Terri Bouvier	Judy Wheatley
Kathy Batty	Debbie Chiumento
Kathleen Whyte	Fennie Fraser
Cindy Jackson	Erica Hall
District Commissioners	Participating Guiders

Tamarac Area and their friends make a great team!

Robert Fehr
Tamarac Area Training Adviser

Training Trails - Help is Here!

Super Sized Saturday a Success! Thanks to all!

A huge thank you to everyone involved with the October 1, 2011 training. We packed the place! Thirty eight Guiders attended: congratulations to the twenty one new Guiders who completed a long day to earn the Red TEAM Pin and the seven Guiders who completed the Yellow TEAM Pin.

MARK YOUR CALENDARS FOR THE NEXT SUPER SIZED SATURDAY: OCTOBER 14, 2012.

Send in your request for training topics to Roberta Fehr: robfehr@telusplanet.net



Finance (above) and Safe Guide (below) training.



Outdoor Activity Leadership Training: February 4, 2012

Outdoor activities are a central part of the Girl Guide philosophy and program. Getting outside, enjoying nature, and challenging ourselves are some of the best parts of the Guiding experience. As girls progress through the movement and develop their skills, Guiders too need to continue with their skill development and increase their collection of activities. The Outdoor Activity Leadership Program is designed to empower Guiders by giving them the tools and skills to feel comfortable taking girls of all ages outside in a variety of settings.

The Outdoor Activity Leadership Program (OAL) begins with training and activities for planning walks to the park with Sparks and extends through residential and tenting camping and on to the development and execution of Pathfinder or Ranger adventurous camp such as winter camping or tripping expeditions.

Watch for more information.....

Camp College and Camp Academy

Planning a sleep over or camp? Your training team can help with training your girls, Guiders and parents.

Camp College is for first time campers and covers bedroll, gear, self care, dishes and wash up, campfire, or any skill for basic camping.

Camp Academy is more advanced for residential camping covering topics such as outdoor cooking, fire building, fire starters and stoves, knots, gadgets, trail signs, compass, tent care, etc.

This training is designed as a round robin of about 2-3 hours. Both can be scheduled for the same day.

You would be responsible for venue, snacks, PR, Safe Guide, ratios, etc. This can be a great District Event!

Contact Roberta Fehr: robfehr@telusplanet.net
Ph: 780-458-8855

Mark your Calendar for the MultiFaceted Training: March 16 -18, 2012

This training is held at a residential venue near Red Deer. It will offer a wide variety of trainings that will energise your Guiding leadership!

Help needed!

We are organising the Spring Area Pathfinder Event.

The first planning meeting will be held Sunday, November 27 at 6:00 o'clock at 1 Greenhill Street, St. Albert, AB. If you can help contact Anne Denman: anne.denman@gov.ab.ca, 780-419-7089.

You are not on your own!

If you have any type of training needs contact Roberta Fehr your Area Training Adviser: robfehr@telusplanet.net Ph: 780-459-8855

Nationally Sponsored International Events for 2012

General Information for International Events

- All ages for events are as of the date of the event excluding travel days.
- In order to qualify, participants must be physically fit and be active Members of Girl Guides of Canada.
- In order that as many members as possible have the opportunity to participate in nationally sponsored international events, members selected may participate in these events as follows:
 - once as a girl member
 - once as a young adult (the young adult category is usually between the ages of 18 and 25, but may vary)
 - once as an adult
- Printed is the full cost of the trip and the participant cost after CWFF contribution.
- All event costs are based on figures available at the time of the circulation of this information (1 year before the event). This figure may change slightly due to increased international airfare and currency fluctuations.
- Members are responsible for:
 - Personal Spending Money
 - Kit List Requirements
 - Your Medical Examination (including any immunization required)
 - Your Passport Fees
 - Cost of your meals en route before and after the event
 - Souvenirs
- Some events may require both girl and adult participants to have uniform pieces that they do not own and it will be necessary to borrow or purchase these items.
- Participation in this event by Canadian representatives is dependent on acceptable health and safety conditions in the country at the time of the event.

- Personal travel for adult events is only permitted to a maximum of two weeks, following the event and must depart from the same point of arrival. Consult your Provincial International Director.
- If participation is cancelled due to unforeseen circumstances, the Girl Guides of Canada will not accept responsibility for expenses incurred in preparation for this event.
- **ENCOURAGE YOUR GUIDES, PATHFINDERS, SENIOR BRANCHES GIRLS TO APPLY. ADULTS PLEASE APPLY TOO!!**

How Do I Apply?

NOTE: Be sure to use the forms for Nationally Sponsored International Events available for download at: <http://forms.girlguides.ca/default.aspx> (you will have to sign into Member Zone) or available from your Area International Adviser, Heather Gardiner. **Please note that with the applications even if the forms are emailed, signatures are required.**

FOR GUIDERS:

Your iMIS Profile to be attached with the application set.

STA.1 TRIP APPLICATION FORM Guider

STA.2 REFERENCE FORM Guider

Resources:

Refer to Application Instructions – Adult Members

Refer to General Qualification Guidelines for International Events: Adult Members

FOR GIRL MEMBERS:

STG. 1 TRIP APPLICATION FORM Girl Member

STG. 2 REFERENCE FORM Girl Member

Resources:

Refer to Application Instructions – Girl Members

Refer to General Qualification Guidelines for International Events: Girl Members

There is also a brochure from B.C. for members who are looking at applying for Nationally Selected trips. It helps explain the application form and is very helpful.

Application Deadline

SEND COMPLETED INTERNATIONAL APPLICATION FORMS TO HEATHER GARDINER, 780-458-5180 OR EMAIL

ABLONES_HEATHER@HOTMAIL.COM

BY NOVEMBER 15, 2011



AYRWAVES 2012 - SCOTLAND

Who: 10 girls aged 13 - 14 years as of July 31/12
2 Guiders
Participants must have a minimum of
2 nights Guide camping experience.

When: July 23 - Aug 3, 2012

Event Dates: July 25 - Aug 1, 2012

Cost: Approximately \$1,300 to participant

Program: This international outdoor camp will provide Girl Guides with the opportunity to participate in many activities, including hikes, day trips, abseiling, climbing, boating, Scottish crafts and so much more while meeting new friends, learning new skills and having lots of fun in the picturesque setting of Eglington Country Park.

CHANGE THE WORLD - INT'L CAMPOREE CONNECTICUT, USA 2012

Who: 2 patrols - 8 girls in each patrol
girls aged 11 to 13 years as of July 31, 2012
2 Guiders per patrol
Participants must have a minimum of
2 nights Guide camping experience.

When: Aug 3 - Aug 13, 2012

Event Dates: Aug 5 - Aug 11, 2012

Cost: Approximately \$1,000 to participant

Program: Girls from Connecticut, other countries and states come together for fun and friendship. A girl forum where girls can address the ways in which they want to change the world, will be included along with general camp program, international performances, and special shows.

COSTA RICA ADVENTURE 2012

Who: 2 patrols - 10 girls in each patrol
girls aged 13 to 17 years as of July 31, 2012
2 Guiders per patrol
(Note: Guiders will be working with facilitators from the youth organization Canada World Youth who will be responsible for trip logistics. Guiders and Canada World Youth facilitators will be collaborating on programming.)

When: Approx. July 31 - August 16, 2012

Camp Dates: August 1 - August 15, 2012

Cost: Approximately \$1,700 to participant

Program: Girl Guides of Canada, in partnership with Canada World Youth, a world leader in the development of international educational programs for youth, is offering an amazing opportunity for Members to participate in

an exciting international development adventure to Costa Rica. Participants will develop their leadership skills as they work with communities on local development projects around the topic of environmental sustainability, participate in Costa Rican traditions and gain hands-on understanding of local issues. Build relationships with host families, and perhaps have a chance to make friends from the Costa Rica Guiding Association and much, much more.

NORTHWEST CENTENNIAL ROUNDUP CAMPOREE OREGON, USA 2012

Who: 2 patrols - 8 girls in each patrol
girls aged 12 to 16 years as of July 31, 2012
2 Guiders per patrol
Participants must have a minimum of
2 nights Guide camping experience.

When: Aug 5 - Aug 14, 2012

Event Dates: Aug 6 - Aug 12, 2012

Cost: Approximately \$1,000 to participant

Program: Girl Scouts of Oregon and Southwest Washington is having a 100th Anniversary roundup camping event on Foster Lake near Sweet Home, Oregon. Activities will include various sports to play and waterfront swimming and boating. Each evening there will be entertainment on the main stage and a huge 100th Birthday party with a wide variety of activities ending with birthday cake and a concert.

CALIFORNIA DREAMIN' (PROV. SPONSORED) SAN FRANCISCO USA 2012

Who: 6 girls aged 13 to 16 years as of July 24/12
2 Guiders

When: July 24 - Aug 5, 2012

Event Dates: July 29 - Aug 5, 2012

Cost: Approximately \$1,100 to participant

Program: The adventure will start with a flight to Vancouver and then a bus ride to Seattle where the group will board the train for an overnight trip to San Francisco. The group will have several days to enjoy San Francisco before heading off to camp to help members of Girl Scouts USA celebrate their 100th birthday. This international camp will be held at the Alameda Fair Grounds in Pleasanton, California. The camp will include both activities at the camp and off site trips. This is a camping event with patrols sleeping in tents and doing their own cooking. The camp website is www.cadreamincamporee.org.

International News & Information

There are lots of exciting things happening with Girl Guides and WAGGGS globally this year and hopefully I will be able to help you bring some of these things to your girls this year.

Camps!

Alberta and Girl Guides of Canada both have some exciting trips that girls can apply for this year – including three to the United States to help GSUSA celebrate their own 100 Year Centennial. Other trips are to Scotland and Costa Rica. More details about the trips are found on page 15. Please contact me if you have questions about them.

I have also learned that Alberta will be putting on another Colour Your World Camp for third year Guides again this summer. Last summer camp was amazing and this year will be even better. Applications and details are coming soon!

International in a Box Volume Two

Be sure to ask your District Commissioner for your copy of the International in A Box Volume 2 CD. This CD has a tonne of International resources, ideas, challenges and more. DC's will have these CDs in their hands by the end of October and they will either lend it to you to make your own copy, or make a copy for you.

WAGGGS Challenge

Have you seen the new 5 Regions WAGGGS Challenge? The Challenge is in the Challenge Booklet you should have received from your DC and the crest is amazing. The challenge is made up of 5 parts and helps introduce the 5 different regions of WAGGGS to you and your Unit. Each region has its own crest and the 5 crests put together make a really super, larger crest – once you start earning them you will want them all!

CWFF

By now you have probably all heard that this year the International Committee is challenging all members of Girl Guides in Alberta to donate \$5 to CWFF. Please keep in mind that this is a goal, and just try and do what you can. Some Units will get to the \$5 mark and some will not – and that's ok! The important thing to remember is that every girl should be given a chance to participate in raising some funds that help Girl Guides and Girl Scouts in other countries. I'd also like to encourage you to start now, this lets the girls (and you) contribute a little at a time, instead of waiting until

February and rushing to get the money in, and am including some ideas on collecting the donations.

If your Unit does raise \$5 per person you will be able to buy the special (changes yearly) CWFF badge! Badges are \$1 per person. Please contact me for more details ablones_heather@hotmail.com

CWFF Ideas:

- Hold a penny carnival with several Units and see how much money you can raise.
- Find a Unit (or District/Area Council) piggy bank and collect spare change at your meetings – you'll be amazed at how quickly that adds up!
- Have a bake sale or craft sale.
- Hold a silent auction or Unit Raffle and raffle off some of the extra craft supplies, games, crests, decorations that your Unit has accumulated over the years. Have the girls buy tickets – girls get something fun and your Unit supplies get cleaned up (I did this with my Pathfinders last year and we raised over \$30!) Our Unit bought tickets and placed their tickets in a bag in front of prize that they wanted, giving the girls a chance to have a say in the prize they wanted.
- Make Piggy Banks and have the girls decorate them and take them home to collect change in through the Guiding year. Great Piggy Bank making items include Tetley Tea canisters, Cookie Boxes, Coffee Cans, or any other small jar/canister.
- Make and decorate a water bottle label and have the girls see how many water bottles of change they can fill up through the year.
- Hold a skip-a-thon, wake-a-thon, trip around the block-a-thon...have the girls collect pledges from friends and families to see how many trips around the block, times they can skip, or hours they can stay awake!
- I have also included a CWFF Calendar which has been around for many years, but is an easy and fun way for the girls to collect CWFF money and encourages them to think about their own situations vs those in other countries.

Please share any other ideas you have for CWFF Fundraising and I will pass them on!

*Respectfully submitted,
Heather Gardiner
Tamarac Area International Adviser*

The Canadian World Friendship Fund (CWFF) - monthly calendar

A fun way for girls and leaders to collect money

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Count the light bulbs in your home. Give 1 cent for each.	2 How many pop cans have you used today? Donate 5 cents for each one.	3 Make a money bank house out of a small milk carton. No donation today.	4 Put 5 cents in your money bank for every member in your family.	5 10 cents for every bird in your home.	6 Did you have a night time snack last night? Donate 5 cents if you did.	7 Did you play an organized sport today? Donate 25 cents.
8 Did you wear your uniform to your meeting this week? If you didn't donate 25 cents.	9 Do you have a clothes washer in your home? Donate 25 cents.	10 Donate 10 cents for each pair of running shoes you own.	11 Did you eat three meals today? Donate 5 cents for each meal you ate.	12 \$1 for automatic lawn sprinklers.	13 Did you drive or were you driven to school today? If you did, donate 5 cents.	14 Donate 5 cents if you have a dishwasher in your home.
15 Did you eat a chocolate bar or some candy today? Donate the cost.	16 Donate 25 cents for each dog or cat in your home.	17 Donate 5 cents if you share a bedroom, 10 cents if you have your own bedroom.	18 Did you have dessert today? Donate 10 cents.	19 5 cents for every tap in your home.	20 Donate 25 cents for each television in your home.	21 Did you watch television today? Donate 5 cents for each hour you watched.
22 Donate 1 cent for each CD or tape in your home.	23 Did you have a shower or bath today? Donate 5 cents.	24 10 cents for each garden hose.	25 Do you have a clothes dryer in your home? Donate 25 cents.	26 Do you own a wheeled vehicle (i.e., bike, car, motorbike)? Donate 5 cents for each wheel.	27 How many pop bottles have you used today? Donate 10 cents for each one.	28 Have you watched a video this month? Donate 5 cents for each video you watched.
29 Did you go to a movie theater this month? Donate 10 cents for each time you went.	30 Donate 5 cents for each pair of black shoes that you own.	31 If you haven't donated this month, contribute \$2 to CWFF.				

GIRL GUIDE COOKIES

*"Cookie funds are the fuel that makes Guiding go"
"You're not just selling cookies, you're buying amazing
opportunities for girls and women"*

Girl Guides of Canada has two cookie campaigns: Classic chocolate and vanilla sandwich cookies are sold in the spring (March) and chocolately mint cookies are sold in the fall (September).

Our cookies are nut and peanut free, the classic chocolate and vanilla cookies now have 0g trans fat and the Chocolatey mint cookies are now 90% less trans fats.

Unit Guider Responsibilities

{You are essential to Girl Guides of Canada cookie fundraising program}

- Introduce the cookie campaign to the girls/parents in your unit, explain the importance of cookies as Girl Guides of Canada ONLY fundraiser and the benefits/returns to the girls.
- When ordering cookies, order enough to support your unit's activities and plans.
- Review safety rules with girls/parents {using Safe Guide rules} before the campaign begins.
- Track cookie finances by recording cookies received, to whom they are given {noting number of cases & value}, get a signature on the tracking form and set deadline for money to be returned.

How do girls benefit from cookie sales?

Add Cookies to the girl's program. Cookies are a great asset to the program by teaching girls the skills to do anything, girls can help in the planning of how best to sell cookies and most important girls can have fun with crafts, games, recipes and songs.

Selling cookies is an invaluable experience for girls and they gain the following skills:

- Ability to face challenges
- Communication skills
- Courtesy and customer service
- Make a Sales Plan and goal setting
- Money management
- Problem solving and decision making

- Responsibility
- Safety awareness
- Self confidence
- Sense of pride in accomplishment
- Teamwork

Girl & Guider Safety - basic safety tips:

{Safe Guide applies to cookie sales, check online at www.girlguides.ca/memberzone}

- Always tell an adult where you are going
- Don't crisscross the street- sell on one side, then on the other.
- Look both ways when crossing the street, maybe use the extended arm signal indicating your intent to cross.
- Make sure you know the name and phone number of an emergency contact.
- Never sell alone, use the buddy system with parents and/or older girls .
- Never enter anyone's home when selling door to door.
- Never give more than your first name if asked for your personal information.
- Never sell to persons in cars, quickly return to your buddy.
- Never carry money in your pocket use a cookie dough envelope or zipper style baggy.
- Never carry large amounts of money.
- Sell ONLY in familiar areas/neighbourhoods.
- Selling in malls/store should be at a table/booth, DO NOT wander around.
- When necessary to sell after dark - wear bright colors (maybe add a neon strip to your jacket) and carry a flashlight.

Ordering cookies

Cookie orders forms (available from your cookie adviser or on Girl Guide National website) should be filled out for each campaign. These forms tell the number of cookies ordered, the name and location of the sites where the cookies are to be delivered. The classic cookies (spring) are ordered in January (orders due January 15th); the mint cookies are ordered in June (order due June 15th).

Tip: units should give their orders to the District Commissioner/cookie person in December so that they can compile the District order to be in to Area Cookie Adviser by January 15th.

Money Management

Tracking cookie sales - the number of cases ordered, bought and sold by a unit should be tracked, so you are able to record on your financial statement the profit earned by your unit/district/etc.

Tips for handling cookie money

{Accurate records and follow up are crucial to keep this a successful and profitable fundraiser}

- Use “Cookie Tracking Sheet” to record all cookies received, name of person taking cookies, number of cases and amount of money due.
- Set realistic deadline for cookie money to be returned; remembering to allow time to deposit all the money in the bank & to forward the correct amount to the next level of Guiding.
- Deposit cash and cheques promptly.
- Work hand-in-hand with the treasurer, verifying that correct amounts of money are deposited.

Best Practises for Cookie Selling

- Girls use safety rules and wear their uniforms when selling cookies
- Girls should be encouraged to participate in “Cookie All Stars”.
- Girls can earn “Cookies Rising Badges” for their level, Sparks, Brownies, Guides, Pathfinder.
- Cookie money must be tracked; the forms are on Girl Guide provincial website (a financial Memorandum is found in the Blue-Print Fall 2011 issue or on the provincial website.
- Selling classic cookies after the mint campaign starts is ok but check the production date: information is on provincial website regarding how to check cookie freshness.

Cookie All Stars

This is the girl incentive program that combines the Fall 2011 and Spring 2012 campaigns number of cases sold. See list of prizes for the year on the National website. (Guiders tracking sheets are on the national website)

Note: Registered Guiders of girls participating in “Cookie All Stars” qualify for crests, too.

- Cookies crests are available for all cookie sellers from the National store.

Cookie Resources

Resources are available on Member Zone and make cookie selling easier and more fun.

These resources include:

- Cookie banner and brochure
- Cookie Dough Dollars
- Cookie Selling Event Toolkit
- Door hangers
- Thank you card
- Letter to Organization/Store requesting cookie selling space

Evaluate

Learn from your mistakes – your evaluation will tell you what worked and what did not.

Note for the next campaign reminders such as start earlier, wear gloves, etc.

Show appreciation – ask all that participated for their input, keep them informed/involved by sending a brief summary of the evaluation. Maybe include a thank you certificate and/or cookie crest.

Cookie selling is: friends, fun and fundraising. Enjoy the experience!

Respectfully

Pat Klann

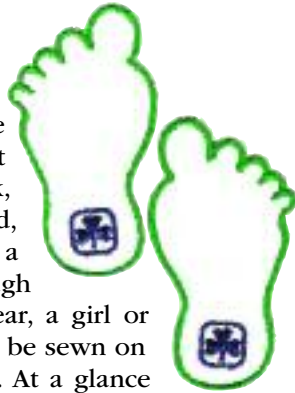
Tamarac Area Cookie Adviser

{Compiled from Provincial Workshop Sept 2011}



Feet Crests

Spruce Grove District had the idea of creating 'feet' crests, a left foot and a right foot in pink, orange, royal blue, green, red, yellow and dark blue to signify a girls or adults journey through Guiding. At the end of each year, a girl or adult will receive a foot that can be sewn on a camp blanket or other article. At a glance you could see a girl's or adult's journey through Guiding from the amount of coloured foot steps. The feet measure 3.75" high by 1.75" wide and cost \$1.00 each including GST. Shipping is an extra \$3.50 if mailed. All cheques can be made out to Girl Guides of Canada. For more information or to order, contact Kristin Marsh at (780) 571-2491 or email at kmarsh.guides@shaw.ca. The crests can also be ordered and picked up at the Area meeting.



Crests for Fall

Lori St. Martin, a Guiding member formerly of Spruce Grove, hosts a web site that offers fun activity embroidered patches in both single and collectible 'sets'. Here's a few ideas for fall. You can order through the web site or contact Lori directly at (403) 864-4825 or email lori@e-patchesandcrests.com.



Stores

Area Crest

The Tamarac Area crest design took into consideration our geographic location and our namesake, the Tamarack tree. If you pre-order they will be available at Area meetings or by contacting Pat Klann at the address below.



Tamarac Area has the following items available for purchase:

CRESTS:

- Tamarac Area **\$1.20**
- Tamarac Area Camping Crest **\$1.00**
- Community Service Recognition (lg) **\$1.50**
- Community Service Recognition (sm) . . . **\$0.35**
- FIRST YEAR OF GUIDING PIN **\$1.50**

Tamarac Community Service Recognition Crest



Girls of all branches, can earn these \$0.35 crests by offering service to the community in the following general areas:

- NEIGHBOURHOOD (yellow triangle)
- ENVIRONMENTAL (green triangle)
- THINKING DAY (purple triangle)
- SENIOR CITIZENS (purple triangle)
- ANY HOLIDAY (red triangle)

There are two crest sizes. The large crest is awarded for the first project completed in any category. Subsequent projects in any category will be awarded the small crest, prices are above.

All items may be ordered through: **PAT KLANN** at 780-968-6935, Site 104 Cmpt 29 RR1, Stony Plain, AB T7Z 1X1 or email patdk@canadasurfs.ca. Please add \$3.00 for postage. GST included. If pre-ordered, items can be picked up by your District Commissioner at Area meetings.