

This is an excerpt from the document that is available on the WAGGGS website.

The Olympia Badge

The WAGGGS Olympia Badge is a sport-oriented activity pack created by the Greek Girl Guides Association, inspired by the fact that Athens (the original place for the Olympic Games) hosted the Olympic Games again in 2004.

Aims of the Olympia Badge

- To promote knowledge of Sports
- To support women as peacemakers
- To enhance public image of Guiding as an active community of motivated volunteers.
- To fulfill WAGGGS' mission for the development of girls and young women in sport.

The Three Categories of the Olympia Badge

Stadium (Body) represents the harmonic development of body and is linked with the mental effort to acquire skills and fitness and appreciation of both environment and ourselves. The activities relate to practicing sports and developing the body.

Temple (Mind) represents the spiritual dimension of our existence, the development of the mind and the acceptance of other people's minds and ideas. The activities relate to the spirit of the Games and their history, values, symbols etc.

Theatre (Cultural) represents the balanced development of our soul, our cultural and emotional self-respect and tolerance, and our inner peace that is the prerequisite for the peace around us. The activities relate to intercultural character of the Games, the special culture of the Games and the artists that have been inspired by the Olympic Spirit in their work.

The Olympia Badge "Medals"

To earn the Badge, girls must complete the number of activities listed below. To obtain the bronze, silver or gold medal, you must complete activities from each of the three categories and we encourage you to choose a good balance of physical, mental and emotional activities. For example, a Brownie wishing to obtain the Silver badge should complete 2 activities from Stadium, 2 from Temple and 2 from Theatre categories.

Badge Section	Bronze	Silver	Gold
Brownie	3	6	9
Guide	3	6	9
Ranger	3	6	9

Olympia Badge: Brownie Section

STADIUM (Body)

1. Choose a sport you can take part in that is related to an Olympic sport and learn about its history, best athletes and records. Get in touch with people who practice this sport in your country or who might have attended the Olympic Games. Take part in and practice this sport yourself
2. Choose three different types of Olympic sports that take place in different mediums (i.e water, land) and learn as much as you can about them. Organize and try these sports with your group.
3. Find out how World Records and Olympic Records are registered. Make a photo-album showing athletes from various countries that have achieved such records.
4. Complete two Health and Fitness related badges (this counts as two activities).
5. Demonstrate one type of Chinese Martial Art or Gymnastic activity that you have been practicing at least for 3 months. (Chinese Martial Art related information attached)
6. Run, swim, cycle, sail, paddle, walk or ride a course that fits the shape of the Olympic symbol.
7. Find out what kind of food people in China eat on a daily basis to maintain a healthy body. Hold a 'Beijing evening' serving examples of this food.

TEMPLE (Mind)

1. Fair play, self-esteem, leadership and fitness skills are all qualities of a successful athlete. Do a treasure hunt to promote those qualities to your Six.
2. Listen to the International Olympic Hymn (Song)* with your Sixers and discuss what you think it means.
3. What is the Olympic symbol and what is its meaning? Make the symbol of the Olympic Games using five different materials and decorate your house or meeting place.
4. Tangram is an ancient game that originated in China. Try to create a shape related to the Olympic Games using all 7 pieces provided, without any pieces overlapping any others. There is a template at the end of this pack.
5. Find out how athletes clear their minds to focus on the event they are taking part in. Try it with your group and discuss how it feels.
6. Find out about a traditional game played by children in China which incorporate the elements of fair play, self-esteem, leadership and fitness skills. Play one with your unit.
7. Find out what support coaches give to athletes to help them to prepare mentally for their events.

* see Internet Resources at the end of this pack for links to the Olympic song

THEATRE (Culture)

1. Find out about the lifestyle of an athlete (nutrition, training, sleeping habits etc) and try to follow this example for a week, and present your notes to your Six/Pack.
2. Imagine what the Olympic Games will be like in 2056. Create and play a sport that might be played in the future.
3. Draw a stamp or a commemorative coin or banknote for the occasion of the 2056 Olympic Games.
4. Choose an Olympic sport you like. Each member of your patrol pretends to be an athlete from a different region of the world, without a common language to communicate amongst each other. You pretend to be the organizer. Run this sport in equal and fair terms for all athletes.
5. Watch a team sport, such as rugby, soccer, volleyball, or basketball in your community and say how it promotes the message of peace such as that promoted by the Olympic Games.
6. What role does the mascot play at the Olympic Games?
7. Choose at least two past mascots of the Olympic Games what and present their meaning to your Pack
8. Find out about a traditional dance performed in China and present it to your group.

BEIJING OLYMPIA BADGE REQUEST

Date: _____

I hereby request the following Beijing Olympia Badges:

_____ Bronze
(quantity)

_____ Silver
(quantity)

_____ Gold
(quantity)

Please deliver to:

Guider's name: _____

Unit _____ Area _____

Address _____

Area International Adviser's signature