

This is an excerpt from the document that is available on the WAGGGS website.

The Olympia Badge

The WAGGGS Olympia Badge is a sport-oriented activity pack created by the Greek Girl Guides Association, inspired by the fact that Athens (the original place for the Olympic Games) hosted the Olympic Games again in 2004.

Aims of the Olympia Badge

- To promote knowledge of Sports
- To support women as peacemakers
- To enhance public image of Guiding as an active community of motivated volunteers.
- To fulfill WAGGGS' mission for the development of girls and young women in sport.

The Three Categories of the Olympia Badge

Stadium (Body) represents the harmonic development of body and is linked with the mental effort to acquire skills and fitness and appreciation of both environment and ourselves. The activities relate to practicing sports and developing the body.

Temple (Mind) represents the spiritual dimension of our existence, the development of the mind and the acceptance of other people's minds and ideas. The activities relate to the spirit of the Games and their history, values, symbols etc.

Theatre (Cultural) represents the balanced development of our soul, our cultural and emotional self-respect and tolerance, and our inner peace that is the prerequisite for the peace around us. The activities relate to intercultural character of the Games, the special culture of the Games and the artists that have been inspired by the Olympic Spirit in their work.

The Olympia Badge "Medals"

To earn the **Badge**, girls must complete the number of activities listed below. To obtain the bronze, silver or gold medal, you must complete activities from each of the three categories and we encourage you to choose a good balance of physical, mental and emotional activities. For example, a Brownie wishing to obtain the Silver badge should complete 2 activities from Stadium, 2 from Temple and 2 from Theatre categories.

Badge Section	Bronze	Silver	Gold
Brownie	3	6	9
Guide	3	6	9
Ranger	3	6	9

Olympia Badge: Guides Section

STADIUM (Body)

1. Choose an Olympic sport that you can take part in that is related to an Olympic sport and present in a record book what you have learned about its history, best athletes and records. Explore any athletes from your country in this sport who might have attended the Olympic Games. Write an essay not less than 300 words on them. Try to practice this sport yourself and keep a record.
2. Choose four different Olympic sports that take place in different mediums (i.e water, land) and present in a record book as much as you can learn about them. Organize and play these one with your unit.
3. Find out how World Records and Olympic Records are registered. Make a photo album showing athletes from various countries that have achieved such records.
4. Find out about the Paralympics and the Special Olympics. Try to have an interview or collect the information from the athletes who have participated in these events.
5. Fulfill the two Health and Fitness badges (this counts as two activities).
6. Demonstrate one type of Chinese Martial Art or Gymnastic activity that you have been practicing at least for 3 months.
7. Find out the difference between the Western food pyramid and the Chinese food pyramid and present the results to your group.

TEMPLE (Mind)

1. Learn to sing the International Olympic Hymn (Song)* with your Patrol.
2. What is the relationship between the Olympic Spirit and the values of Girl Guiding? Design a game to find at least five similarities that exist.
3. Develop an imaginative way to tell the history of the Olympic Games, in ancient and contemporary times, to your patrol.
4. Fair play, self-esteem, persistence, leadership and fitness skills are all the qualities of a successful athlete. Find an activity to promote those qualities to your Patrol.
5. Compile a photo-album narrating the history of the Olympic Games and present it in an original way to your group, class or patrol.
6. Tangram is an ancient game that originated in China. Try to create a shape related to the Olympic Games using all 7 pieces provided, without any pieces overlapping any others. Use the template at the end of this pack for this activity.
7. Find out from a website the kind of music played by Chinese musicians. Present the information to your group.

* see Internet Resources at the end of this pack for links to the Olympic song

THEATRE (Culture)

1. Find out about the role that the mascot plays at the Olympic Games, what it expresses, or represents and what purpose it serves. Present your findings to your Patrol.
2. Find the mascots of at least two past Olympic Games and present them to your Patrol.
3. Draw a stamp or a commemorative coin or banknote for the occasion of the 2056 Olympic Games. Create and play a sport that might be played in the future.
4. Play a team sport, such as rugby, soccer or basketball in your community and say how it promotes the message of peace such as that promoted by the Olympic Games.
5. Research three women-athletes that, according to your opinion, have influenced the history of the Olympics sport and present their achievements.
6. Find some information about Chinese opera or dance and present it to your group.

BEIJING OLYMPIA BADGE REQUEST

Date: _____

I hereby request the following Beijing Olympia Badges:

_____ Bronze

(quantity)

_____ Silver

(quantity)

_____ Gold

(quantity)

Please deliver to:

Guider's name: _____

Unit _____ Area _____

Address _____

Area International Adviser's signature