

# ALBERTA CAMPING CHALLENGE SPARKS



## CAMP COMMITTEE

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- ☒ Earn some new crests for your hat or camp blanket
- ☒ Learn some new skills
- ☒ Enjoy the outdoors
- ☒ Have a safe and great time!

**Earn a crest for each of the seasons: spring, summer, fall and winter while on a hike, at a sleepover or at a camp.**

**The centre crest:** earn it with another event if you are up to the challenge and have the opportunity or complete your season crests with it.

### Note:

1. When camping in Alberta one can experience unseasonable conditions at any time. The objective of this challenge is to camp and enjoy the challenges and rewards of different weather and conditions. If your event experiences winter conditions: then earn the winter crest!!
2. **Adults:** earn the crest as the Responsible Guider or a member of the camp staff.

### For Each Season the following four points are to be completed

1. Identify three signs of the season: example buds on the trees, green grass sprouting etc.
2. Wear a hat on your hike or when outside at camp or the sleep over.
3. Share and be a friend by doing a good deed for a member of your group.
4. Choose two more challenges from the list below.

### Challenge Choices

#### Choose two from this list to complete each season challenge

1. Pack a bag lunch for a hike.
2. While at camp or a sleepover eat a food that you have not eaten before.
3. Play a game outdoors.
4. Teach others a new song.
5. Go home from the hike or camp without losing anything.
6. Build a snow sculpture.
7. Go skating or tobogganing or for a winter hike.
8. Find out the rules to the game 'Fox and Geese' and then play the game after a snowfall.
9. Have a wiener toast and tell your leader the rules you followed in order to safely cook your food.

10. Go on a scavenger hunt.
11. Fly a kite that you have either made or bought.
12. Go for a walk in the rain and observe what you see and hear on your walk.
13. Learn to whistle by placing a blade of grass between your thumbs and blowing through the gap between your thumbs.
14. Create a challenge of your choosing.
15. Go for a walk/hike at night to observe the moon and the stars.

## **Guiding Resources for Guiders interested in Camping**

The National website has newsletters with information you may find useful.

1. The National News is electronically available each month.  
<http://www.girlguides.ca/default.asp?id=157>
2. IKAT is published 3 times a year. This newsletter contains information for advisers and trainers specializing in camping, international, program and training.  
<http://www.girlguides.ca/default.asp?id=936>

### **Camping Resources**

Alberta Camping Committee has produced three booklets for sale in the provincial store and many area stores. Ask your store to bring it in if it is not on the shelf. They sell for less than \$3.00.

Use these booklets for your next camp: they are complete with menu ideas, program ideas, kit lists, Guides Own etc, etc. Use fully or adapt to the needs of your unit and the site you have booked.

1. Night Prowl
2. World Centres
3. Canoeing for Girls

### **Safe Guide**

All forms and information is on the National Girl Guide web site in the following link <http://www.girlguides.ca/default.asp?id=967> .Ask your Camping Adviser to assist you with printed forms if you do not have internet access.

### **Safe Guide Help:**

1. Your Camping Adviser or a trainer in your area can often answer your questions.
2. Your Camping Adviser can assist you with the completion of Safe Guide forms for camps.
3. Answers to Safe Guide questions can be sought from the National Safe Guide Help desk. The email address is [safeguide@girlguides.ca](mailto:safeguide@girlguides.ca) .